POOL RULES AND REGULATIONS

1. PLEASE OBSERVE AND FOLLOW THE POSTED SIGNS AT THE ENTRANCE AND FOR THE DIVING AND SLIDE AREAS. These rules will be enforced. Your cooperation will result in a pleasant, enjoyable and safe pool swimming season for all.

2. Members will be held responsible for all actions of their guests. The cost of any property damage will be charged to the responsible party.

3. All persons must use the facility in conformity with all rules and regulations. Any person may be barred from the pool area for violation of the rules and regulations at the discretion of those in charge. Running, rough play and conduct not conducive to safety are prohibited in the pool and pool area.

4. Management reserves the right to limit the number of members/guests admitted, when in its opinion, the pool is overcrowded.

5. All persons in bathing attire shall wear a robe or appropriate covering on their way to and from swimming area. Swimwear must be a one piece suit for females and boxer style suits for males. ABSOLUTELY NO BIKINI OR SPEEDO SUITS ALLOWED. Mesh shorts and shirts will be allowed in the pool, however jeans are not permitted. Normal clothing is allowed in pool area in the seating areas, however swimming attire will be required in the water. A dark tee shirt cover up can be used to cover a two piece suit. Tankinis are permissible if no midriff is exposed.

6. Everyone within the pool area needs to be either a season member, a paying guest, or a retreat guest.

7. Children, 10 years of age or under, are not permitted in the pool area without an adult. (Adult is defined as someone over the age of 18.) Babies MUST be in swimming diapers while in the pool. No plastic diapers please!

8. Admission can be refused to anyone with skin abrasions, colds, coughs, inflamed eye infections or certain type of bandages.

9. No pets allowed in pool area.

10. Food and beverages may be brought into the wooden deck area only. No glass allowed in pool area. Dispose of leftovers properly.

11. Pool ladders are to remain open for traffic at all times. No sitting on, standing in or obstructing the ladder areas.

12. There is no admittance to the pool without a RMC lifeguard on duty.

13. Do not apply suntan lotion while in the water.

14. Voices are to be kept at a normal level. FOUL LANGUAGE WILL NOT BE TOLERATED! Personal radios must be kept very personal.

15. Chairs and tables are first/come first/served. Please place towels and misc. items in the bins provided to keep the tables open for food items.

16. No smoking allowed within the fenced area and within 100 feet of any buildings.

17. No chewing gum or hard candy should be in the pool area. This is a major choking hazard.

18. Refrain from moving furniture around. Talk to Lifeguards if furniture needs to be rearranged.

REFRESHING MOUNTAIN CAMP ASSUMES NO RESPONSIBILITY FOR ANY ACCIDENTS OR INJURIES IN CONNECTION WITH USE OF THE POOL. PERSONS USING THE POOL RELEASE AND INDEMNIFY THE CAMP AND ITS AFFILIATES FROM ANY CLAIMS IN CONNECTION WITH ANY LOSS OF LIFE OR PERSONAL INJURY OR DAMAGE OR LOSS OF PERSONAL PROPERTY.